

Omega Start®

Total Health & Organ Support
Liver/Kidney/Bladder/Heart
Memory & Circulation Formula*

CONTAINS **193** POWERFUL NUTRIENTS

A Premium Quality VITAMIN & MINERAL PACKET with ANTI-OXIDANTS

Serving Size: One Packet

SUPPLEMENT FACTS

Each Packet Contains: %DV %DV

VISION & EYE SUPPORT* with LUTEIN & ZEAXANTHIN plus VITAMIN A 25,000 (100% BETA CAROTENE)



Vitamin A (as Beta Carotene)	25,000 IU	500
(Beta Carotene is a plant derived non-toxic form of Vitamin A)		
TOTAL VISION HEALTH FORMULA*	481 mg	**
Supports Eye Function, Retina, & Macular Health*		
Lutein (from Marigold Flowers)	10 mg	
Zeaxanthin (from Marigold Flowers)	2 mg	
Turmeric Root (94mg 4:1 Extract)	375 mg	
European Bilberry Fruit	125 mg	
Carrot Root Juice Powder	125 mg	
Taurine (Amino Acid)	125 mg	

SUPER B-COMPLEX 50 with BIOTIN & INOSITOL



Vitamin B-1 (Thiamine HCL)	50 mg	3,333
Vitamin B-2 (Riboflavin)	50 mg	2,940
Vitamin B-6 (Pyridoxine HCL)	50 mg	2,500
Vitamin B-12 (Cyanocobalamin)	100 mcg	1,666
Niacin (5mg) & Niacinamide (50mg)	55 mg	275
Folic Acid	800 mcg	200
Pantothenic Acid	50 mg	500
Biotin	300 mcg	100
Choline (Bitartrate)	10 mg	2
Inositol	50 mg	**
PABA (Para Aminobenzoic Acid)	50 mg	**

IN A BASE CONTAINING: wheat grass, green barley grass, alfalfa grass, Atlantic kelp, spirulina blue green algae, spinach, kale, broccoli, rice bran, oat bran, flaxseed and soya lecithin.

SUPER C-COMPLEX 1000 with CITRUS BIOFLAVONOIDS & QUERCETIN



Vitamin C (Ascorbic Acid)	750 mg	1,250
Citrus Bioflavonoid Complex	125 mg	**
Rutin	50 mg	**
Hesperidin (from Citrus Membrane)	50 mg	**
Rose Hips Berry	40 mg	**
Acerola Cherry Fruit	40 mg	**
Quercetin (as Quercetin Dihydrate)	10 mg	**

LIVER SUPPORT* with SILYMARIN & BUPLEURUM ROOT



LIVER SUPPORT HERBAL EXTRACTS	775 mg	**
(Equivalent to 2530 mg of regular herbal powder)		
Milk Thistle Seed (225mg 4:1)	900 mg	
Milk Thistle Seed (80% Silymarin)	250 mg	
Bupleurum Root (40mg 10:1)	400 mg	
Turmeric Root (60mg 4:1)	240 mg	
Boldo Leaf (40mg 4:1)	160 mg	
Artichoke Extract	25 mg	
Schizandra Berry (15mg 10:1)	150 mg	
Licorice Root (15mg 10:1)	150 mg	
Dandelion Root (25mg 4:1)	100 mg	
Picrorhiza Kurroa (25mg 4:1)	80 mg	
Oregon Grape Root	50 mg	
Cayenne Pepper	5 mg	

KIDNEY/BLADDER SUPPORT* with URINARY TRACT HEALTH FACTORS*



KIDNEY SUPPORT HERBAL EXTRACTS	670 mg	**
(Equivalent to 1840 mg of regular herbal powder)		
Birch Leaf (30mg 8:1)	240 mg	
Parsley Leaf (50mg 4:1)	200 mg	
Chanca Piedra Root (50mg 4:1)	200 mg	
Stinging Nettle (40mg 4:1)	160 mg	
Corn silk Stigmas (30mg 4:1)	120 mg	
Juniper Berry (30mg 4:1)	120 mg	
Buchu Leaf (30mg 4:1)	120 mg	
Dandelion Root (30mg 4:1)	120 mg	
Cranberry Fruit (30mg 4:1)	120 mg	
Horsetail Stems (30mg 4:1)	120 mg	
Cleavers Leaf	100 mg	
Spirulina Blue-Green Algae	65 mg	
Hydrangea Root	50 mg	
Goldenrod Leaf	50 mg	
Uva Ursi Root	50 mg	
Cayenne Pepper	5 mg	

MEMORY SUPPORT* with VINPOCETINE & PHOSPHATIDYL SERINE



MEMORY SUPPORT HERBAL EXTRACTS	630 mg	**
(Equivalent to 2660 mg of regular herbal powder)		
Ginkgo Biloba Leaf (100mg 4:1)	400 mg	
Red Sage Root (20mg 20:1)	400 mg	
Turmeric Root (100mg 4:1)	400 mg	
Bacopa Monniera Leaf (50mg 4:1)	200 mg	
Butcher's Broom Root (25mg 10:1)	250 mg	
Horse Chestnut Seed (50mg 4:1)	200 mg	
Rhodiola Rosea Root (50mg 4:1)	200 mg	
Gotu Kola Root (50mg 4:1)	200 mg	
Blessed Thistle Leaf	50 mg	
Phosphatidyl Serine 20%	50 mg	
N-Acetyl-L-Carnitine	50 mg	
Vinpocetine	5 mg	
Cayenne Pepper	5 mg	

VITAMIN E COMPLEX 400 with 100% NATURAL MIXED TOCOPHEROLS



Vitamin E (100% Natural)	400 IU	1333
Includes: d-Alpha, Beta, Gamma, & Delta Tocopherols		

BLOOD SUPPORT* for CLEANSING & NOURISHMENT



BLOOD SUPPORT HERBAL EXTRACTS	665 mg	**
(Equivalent to 2180 mg of regular herbal powder)		
Rehmannia Root (30 mg 10:1)	300 mg	
Dandelion Root (50mg 4:1)	200 mg	
Red Sage Root (50mg 4:1)	200 mg	
Burdock Root (50mg 4:1)	200 mg	
Yellow Dock Root (50mg 4:1)	200 mg	
Devil's Claw Root (40mg 4:1)	160 mg	
Licorice Root (15mg 10:1)	150 mg	
White Peony Root (30mg 5:1)	150 mg	
Pau D'Arco Root (30mg 4:1)	120 mg	
Echinacea Root (30mg 4:1)	120 mg	
Dong Quai Root (30mg 4:1)	120 mg	
Blessed Thistle Leaf	75 mg	
Yarrow Herb	75 mg	
Ginger Root	50 mg	
Oregon Grape Root	50 mg	
Cayenne Pepper	10 mg	

CIRCULATION SUPPORT* for HEART, MEMORY & VASCULAR HEALTH*



Vitamin B-3 (Niacin)	25 mg	125
CIRCULATION HERBAL EXTRACTS	675 mg	**
(Equivalent to 2215 mg of regular herbal powder)		
Hawthorn Berry (75mg 4:1)	300 mg	
Ginkgo Biloba (75mg 4:1)	300 mg	
Butcher's Broom (30mg 10:1)	300 mg	
Red Sage Root (15mg 20:1)	300 mg	
Motherwort Leaf (25mg 10:1)	250 mg	
Cnidium Seed (15mg 10:1)	150 mg	
Bupleurum Root (15mg 10:1)	150 mg	
Cinnamon Bark (30mg 4:1)	120 mg	
Cat's Claw Bark (30mg 4:1)	120 mg	
Horse Chestnut (30mg 4:1)	120 mg	
L-Citrulline (Amino Acid)	100 mg	
L-Arginine HCL (Amino Acid)	50 mg	
Ginger Root	50 mg	
Bilberry Leaf	50 mg	
White Willow Bark	50 mg	
Cayenne Pepper	35 mg	

MINERAL COMPLEX 1000 with Aquamin® SEA TRACE MINERALS



Calcium (Carbonate & Citrate)	500 mg	50
Magnesium (Oxide)	250 mg	63
Iron (Iron Carbonyl)	18 mg	100
Iodine (Atlantic Kelp)	150 mcg	100
Copper (Amino Acid Chelate)	2 mg	100
Zinc (Zinc Oxide)	50 mg	334
Manganese (Amino Acid Chelate)	10 mg	500
Potassium (Potassium Chloride)	99 mg	2.8
Chromium (Chromium Picolinate)	40 mcg	34
Selenium (Selenium Yeast)	50 mcg	72
Betain HCL (Enzyme)	50 mg	**
Vitamin D3 (Cholecalciferol)	1000 IU	250

AQUAMIN® Sea Trace Minerals 25 mg **
Naturally occurring minerals and trace minerals derived from Red Marine Algae. This seaweed is specially harvested off the coast of Ireland and typically contains 73 trace elements.

** Daily Value (DV) not established

OTHER INGREDIENTS: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, silica, silicon dioxide, magnesium stearate, sodium starch glycolate, maltodextrin, ethylcellulose, soybean oil, lecithin, polyethylene glycol, glycerin, gelatin, titanium dioxide, yellow bees wax, FD&C blue 1 & 2, yellow 5 & 6, red 3 & 40 lake.

ALLERGY WARNING: CONTAINS SOY.

Each Packet Contains: 4 Tablets - 6 Capsules - 1 Softgel

DIRECTIONS: TAKE ONE PACKET DAILY WITH A MEAL.

Use only as directed. **WARNING:** Consult a physician before using if you are pregnant, nursing a baby, taking medications, have heart disease, or any other known medical condition. Dietary supplements can affect the way medicines work.

KEEP THIS AND ALL DIETARY SUPPLEMENTS AWAY FROM CHILDREN.

Warning : Accidental overdose of Iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.