









Daily Start®

Super Vitality-High Energy
Health & Wellness Formula*
CONTAINS **159** POWERFUL NUTRIENTS

A Premium Quality VITAMIN & MINERAL PACKET with ANTI-OXIDANTS

Serving Size: One Packet		SUPPLEMENT FACTS		
Each Packet Contains:		%DV	%DV	
	VITAMIN A 25,000 from 100% BETA CAROTENE			
	Vitamin A (100% as Beta Carotene)	25,000 IU	500	
	(Beta Carotene is a plant derived non-toxic form of Vitamin A)			
	SUPER B-COMPLEX 50 with BIOTIN & INOSITOL			
	Vitamin B-1 (Thiamine HCL)	50 mg	3,333	
	Vitamin B-2 (Riboflavin)	50 mg	2,940	
	Vitamin B-6 (Pyridoxine HCL)	50 mg	2,500	
	Vitamin B-12 (Cyanocobalamin)	100 mcg	1,666	
	Niacin (5mg) & Niacinamide (50mg)	55 mg	275	
	Folic Acid	800 mcg	200	
	Pantothenic Acid	50 mg	500	
	Biotin	300 mcg	100	
	Choline (Bitartrate)	10 mg	2	
	Inositol	50 mg	**	
	PABA (Para Aminobenzoic Acid)	50 mg	**	
	IN A BASE CONTAINING: wheat grass, green barley grass, alfalfa grass, Atlantic kelp, spirulina blue green algae, spinach, kale, broccoli, rice bran, oat bran, flaxseed and soya lecithin.			
	VITAMIN E COMPLEX 200 with 100% Natural Mixed Tocopherols			
	Vitamin E (100% Natural)	200 IU	666	
	Includes: d-Alpha, Beta, Gamma, & Delta Tocopherols			
	ULTRA HERBAL START® HERBAL ENERGY with NIAICIN & B-12			
	Niacin (Vitamin B-3)	15 mg	75	
	Vitamin B-12 (Cyanocobalamin)	25 mcg	416	
	Calcium (Carbonate)	105 mg	10	
	SUPER ENERGY HERBAL BLEND	785 mg	**	
	Yerba Mate Leaf	150 mg	Ginger Root	40 mg
	Gotu Kola Leaf	75 mg	Mullein Leaf	25 mg
	Panax Ginseng Root	75 mg	Spirulina Algae	25 mg
	Bissy Nut Seed	75 mg	Eleuthero Root	25 mg
	Yellow Dock Root	50 mg	Papaya Fruit	15 mg
	Echinacea Purpurea	50 mg	Pepsin	15 mg
	Hawthorn Berry	50 mg	Bee Pollen	10 mg
	Fo Ti Root	50 mg	Cayenne Pepper	5 mg
	Licorice Root	50 mg		
	SUPER C-COMPLEX 1000 with CITRUS BIOFLAVONOIDS & QUERCETIN			
	Vitamin C (Ascorbic Acid)	750 mg	1,250	
	Citrus Bioflavonoid Complex	125 mg	**	
	Rutin	50 mg	**	
	Hesperidin (from Citrus Membrane)	50 mg	**	
	Rose Hips Berry	40 mg	**	
	Acerola Cherry Fruit	40 mg	**	
	Quercetin (as Quercetin Dihydrate)	10 mg	**	
	VITAMIN B-12 500 with CALCIUM PHOSPHATE			
	Vitamin B-12 (Cyanocobalamin)	500 mcg	8,334	
	Calcium Phosphate	141 mg	14	
	GINSENG ENERGY PLUS® with BEE POLLEN & ROYAL JELLY			
	Calcium (Carbonate)	90 mg	9	
	Bee Pollen	500 mg	**	
	Royal Jelly	10 mg	**	
	Bee Propolis	10 mg	**	
	Korean Panax Ginseng Root	25 mg	**	
	Asian Panax Ginseng Root	25 mg	**	
	American Ginseng Root	25 mg	**	
	Eleuthero Root	25 mg	**	
	Brazilian Suma Root	25 mg	**	
	Ashwagandha Root	25 mg	**	
	Octacosanol	25 mcg	**	
	Bioperine® (Black Pepper Extract)	5 mg	**	
	MINERAL COMPLEX 500 with Aquamin® SEA TRACE MINERALS			
	Calcium (Carbonate & Citrate)	250 mg	25	
	Magnesium (Oxide)	125 mg	31	
	Iron (Iron Carbonyl)	9 mg	50	
	Iodine (Atlantic Kelp)	75 mcg	50	
	Copper (Amino Acid Chelate)	1 mg	50	
	Zinc (Zinc Oxide)	25 mg	166	
	Manganese (Amino Acid Chelate)	5 mg	250	
	Potassium (Potassium Chloride)	50 mg	1.4	
	Chromium (Chromium Picolinate)	20 mcg	17	
	Selenium (Selenium Yeast)	25 mcg	36	
	Betain HCL (Enzyme)	25 mg	**	
	Vitamin D ₃ (Cholecalciferol)	500 IU	125	
	AQUAMIN® Sea Trace Minerals	12.5 mg	**	
	Naturally occurring minerals and trace minerals derived from Red Marine Algae. This seaweed is specially harvested off the coast of Ireland and typically contains 73 trace elements.			

** Daily Value (DV) not established

OTHER INGREDIENTS: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, silica, silicon dioxide, magnesium stearate, sodium starch, glycolate, maltodextrin, ethylcellulose, soybean oil, lecithin, polyethylene glycol, glycerin, gelatin, titanium dioxide, yellow bees wax, FD&C blue 1 & 2, yellow 5 & 6, red 40 lake.

ALLERGY WARNING: CONTAINS SOY.

Each Packet Contains: 6 Tablets - 2 Softgels

DIRECTIONS: TAKE ONE PACKET DAILY WITH A MEAL.

Use only as directed. **WARNING:** Consult a physician before using if you are pregnant, nursing a baby, taking medications, have heart disease, or any other medical condition. Dietary Supplement can affect the way medicines work.

KEEP THIS AND ALL DIETARY SUPPLEMENTS AWAY FROM CHILDREN.

Warning : Accidental overdose of Iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.