













Supreme Start®

Super Rejuvenating/Anti-Aging
Total Health & Wellness Formula*

CONTAINS **195** POWERFUL NUTRIENTS

A Premium Quality VITAMIN & MINERAL PACKET with ANTI-OXIDANTS

Serving Size: One Packet		SUPPLEMENT FACTS		
Each Packet Contains:	%DV		%DV	
	VISION & EYE SUPPORT* with LUTEIN & ZEAXANTHIN plus VITAMIN A 25,000 (100% BETA CAROTENE)			
	Vitamin A (as Beta Carotene)	25,000 IU	500	
	(Beta Carotene is a plant derived non-toxic form of Vitamin A)			
	TOTAL VISION HEALTH FORMULA*	481 mg	**	
	Supports Eye Function, Retina, & Macular Health*			
	Lutein (from Marigold Flowers)	10 mg		
	Zeaxanthin (from Marigold Flowers)	2 mg		
	Turmeric Root (94mg 4:1 Extract)	375 mg		
	European Bilberry Fruit	125 mg		
	Carrot Root Juice Powder	125 mg		
Taurine (Amino Acid)	125 mg			
	SUPER B-COMPLEX 100 with BIOTIN & INOSITOL			
	Vitamin B-1 (Thiamine HCL)	100 mg	6,667	
	Vitamin B-2 (Riboflavin)	100 mg	5,883	
	Vitamin B-6 (Pyridoxine HCL)	100 mg	5,000	
	Vitamin B-12 (Cyanocobalamin)	100 mcg	1,667	
	Niacin (5mg) & Niacinamide (100mg)	105 mg	525	
	Biotin	300 mcg	100	
	Folic Acid	800 mcg	200	
	PABA (Para Aminobenzoic Acid)	100 mg	**	
	Pantothenic Acid	100 mg	1000	
Choline (Bitartrate)	10 mg	2		
Inositol	100 mg	**		
	SUPER C-COMPLEX 1000 with CITRUS BIOFLAVONOIDS & QUERCETIN			
	Vitamin C (Ascorbic Acid)	750 mg	1,250	
	Citrus Bioflavonoid Complex	125 mg	**	
	Rutin	50 mg	**	
	Hesperidin (from Citrus Membrane)	50 mg	**	
	Rose Hips Berry	40 mg	**	
	Acerola Cherry Fruit	40 mg	**	
	Quercetin (as Quercetin Dihydrate)	10 mg	**	
		VITAMIN E COMPLEX 1000 with 100% NATURAL MIXED TOCOPHEROLS		
		Vitamin E (100% Natural)	1000 IU	3,335
Includes: d-Alpha, Beta, Gamma, & Delta Tocopherols				
		ANTIOXIDANTS COMPLEX with RESVERATROL & ALPHA LIPOIC ACID		
		SUPER ANTIOXIDANT COMPLEX 710 mg **		
		A powerful blend of Age Defying Antioxidant Factors that support Heart and Cardiovascular health and provides a defense against Premature Aging.*		
		Pine Bark (95% Proanthocyanidins)	125 mg	Cinnamon Bark (50mg 4:1) 200 mg
		Green Tea (95% Polyphenols)	125 mg	Turmeric Root (50mg 4:1) 200 mg
		Grape Seed (95% Polyphenols)	125 mg	Cat's Claw Bark (25mg 4:1) 100 mg
		Olive Leaf (18% Oleuropein)	25 mg	Celery Seed (25mg 4:1) 100 mg
	Resveratrol (50% Trans Resveratrol)	25 mg	Red Grape Skin (25mg 4:1) 100 mg	
	Lutein 5% (5mg) & Lycopene 5% (5mg)	10 mg	Grapefruit Seed (25mg 4:1) 100 mg	
	Alpha Lipoic Acid	50 mg	Acai Berry (25mg 4:1) 100 mg	
	CIRCULATION SUPPORT* for HEART, MEMORY & VASCULAR HEALTH*			
	Vitamin B-3 (Niacin)	25 mg	125	
	CIRCULATION HERBAL EXTRACTS 675 mg **			
	(Equivalent to 2215 mg of regular herbal powder)			
	Hawthorn Berry (75mg 4:1)	300 mg	Cat's Claw Bark (30mg 4:1) 120 mg	
	Ginkgo Biloba (75mg 4:1)	300 mg	Horse Chestnut (30mg 4:1) 120 mg	
	Butcher's Broom (30mg 10:1)	300 mg	L-Citrulline (Amino Acid) 100 mg	
	Red Sage Root (15mg 20:1)	300 mg	L-Arginine HCL (Amino Acid) 50 mg	
	Motherwort Leaf (25mg 10:1)	250 mg	Ginger Root 50 mg	
	Cnidium Seed (15mg 10:1)	150 mg	Bilberry Leaf 50 mg	
Bupleurum Root (15mg 10:1)	150 mg	White Willow Bark 50 mg		
Cinnamon Bark (30mg 4:1)	120 mg	Cayenne Pepper 35 mg		
	MEMORY SUPPORT* with VINPOCETINE & PHOSPHATIDYL SERINE			
	MEMORY SUPPORT HERBAL EXTRACTS 630 mg **			
	(Equivalent to 2660 mg of regular herbal powder)			
	Ginkgo Biloba Leaf (100mg 4:1)	400 mg	Rhodiola Rosea Root (50mg 4:1) 200 mg	
	Red Sage Root (20mg 20:1)	400 mg	Gotu Kola Root (50mg 4:1) 200 mg	
	Turmeric Root (100mg 4:1)	400 mg	Blessed Thistle Leaf 50 mg	
	Bacopa Monniera Leaf (50mg 4:1)	200 mg	Phosphatidyl Serine 20%	
	Butcher's Broom Root (25mg 10:1)	250 mg	N-Acetyl-L-Carnitine 50 mg	
	Schizandra Berry (25mg 10:1)	250 mg	Vinpocetine 5 mg	
	Horse Chestnut Seed (50mg 4:1)	200 mg	Cayenne Pepper 5 mg	
	JOINT SUPPORT* with CHONDROITIN & HYALURONIC ACID			
	Vitamin D3 (Cholecalciferol)	1000 IU	167	
	Manganese Citrate 30%	5 mg	13	
	JOINT SUPPORT HERBAL BLEND 886 mg **			
	Glucosamine HCL 99%	375 mg	Turmeric Root (50mg 4:1 Extract) 200 mg	
	Chondroitin Sulfate 90%	250 mg	Devil's Claw Root (25mg 4:1 Extract) 100 mg	
	MSM (Methylsulfonylmethane)	125 mg	Hyaluronic Acid 10 mg	
	Boswellia Serrata (S.E. 65% Boswellia Acid)	50 mg	Silica (Silicon Dioxide) 1 mg	
		BLOOD SUPPORT* for CLEANSING & NOURISHMENT		
		BLOOD SUPPORT HERBAL EXTRACTS 665 mg **		
(Equivalent to 2180 mg of regular herbal powder)				
Rehmannia Root (30 mg 10:1)		300 mg	Pau D'Arco Root (30mg 4:1) 120 mg	
Dandelion Root (50mg 4:1)		200 mg	Echinacea Root (30mg 4:1) 120 mg	
Red Sage Root (50mg 4:1)		200 mg	Dong Quai Root (30mg 4:1) 120 mg	
Burdock Root (50mg 4:1)		200 mg	Blessed Thistle Leaf 75 mg	
Yellow Dock Root (50mg 4:1)		200 mg	Yarrow Herb 75 mg	
Devil's Claw Root (40mg 4:1)		160 mg	Ginger Root 50 mg	
Licorice Root (15mg 10:1)		150 mg	Oregon Grape Root 50 mg	
White Peony Root (30mg 5:1)	150 mg	Cayenne Pepper 10 mg		
	100% ORGANIC ALKALIZING GREENS* with MATCHA GREEN TEA LEAF			
	SUPER NUTRITIONAL GREENS BLEND* 650 mg **			
	Contains a proprietary blend of the following nutrients:			
	Alfalfa Grass Juice Powder	Nopal Cactus Leaf	Green Kale Leaf	
	Barley Grass Juice Powder	Bitter Melon Fruit	Peppermint Leaf	
	Wheat Grass Juice Powder	Dandelion Greens	Spinach Leaf	
	Oat Grass Powder	Chlorella Algae	Lemon Juice Powder	
	Matcha Green Tea Leaf	Spirulina Algae	Lutein & Zeaxanthin	
		MINERAL COMPLEX 1000 with Aquamin® SEA TRACE MINERALS		
		Calcium (Carbonate & Citrate)	500 mg	50
Magnesium (Oxide)		250 mg	63	
Iron (Iron Carbonyl)		18 mg	100	
Iodine (Atlantic Kelp)		150 mcg	100	
Copper (Amino Acid Chelate)		2 mg	100	
Zinc (Zinc Oxide)		50 mg	334	
Manganese (Amino Acid Chelate)		10 mg	500	
Potassium (Potassium Chloride)		99 mg	2.8	
Chromium (Chromium Picolinate)		40 mcg	34	
Selenium (Selenium Yeast)	50 mcg	72		
Betain HCL (Enzyme)	50 mg	**		
Vitamin D3 (Cholecalciferol)	1000 IU	250		
	AQUAMIN® Sea Trace Minerals 25 mg **			
	Naturally occurring minerals and trace minerals derived from Red Marine Algae. This seaweed is specially harvested off the coast of Ireland and typically contains 73 trace elements.			

DIRECTIONS: TAKE ONE PACKET DAILY WITH A MEAL.
Use only as directed. **WARNING:** Consult a physician before using if you are pregnant, nursing a baby, taking medications, have heart disease, or any other known medical condition. Dietary supplements can affect the way medicines work.
KEEP THIS AND ALL DIETARY SUPPLEMENTS AWAY FROM CHILDREN.

Warning: Accidental overdose of Iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

** Daily Value (DV) not established.
OTHER INGREDIENTS: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, silica, silicon dioxide, magnesium stearate, sodium starch, glycolate, maltodextrin, ethylcellulose, soybean oil, lecithin, polyethylene glycol, glycerin, gelatin, titanium dioxide, yellow bees wax, FD&C blue 1 & 2, yellow 5 & 6, red 3 & 40 lake.
ALLERGY WARNING: CONTAINS CRUSTACEAN SHELLFISH and SOY.

Each Packet Contains: 4 Tablets - 6 Capsules - 1 Softgel